

## Recipe and Method

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### DISH – CHEESE AND TOMATO QUICHE

For allergens, including cereals including gluten, see ingredients in **bold**

#### Ingredients

Flour (contains **wheat**)

Butter (contains **milk**)

Cheddar Cheese (contains **milk**)

Tomato

Double Cream (contains **milk**)

**Milk**

**Egg**

#### **Storage and heating guidelines-**

Keep refrigerated, consume by use by date.

Can be eaten cold but if preferred, heat in microwave on full power until piping hot.

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